



सत्यमेव जयते

आयुष मंत्रालय
भारत सरकार

मोरारजी देसाई राष्ट्रीय योग संस्थान MORARJI DESAI NATIONAL INSTITUTE OF YOGA

आयुष मंत्रालय, भारत सरकार
MINISTRY OF AYUSH, GOVERNMENT OF INDIA
६८, अशोका रोड, नई दिल्ली - ११०००१
68, ASHOKA ROAD, NEW DELHI-110001



प्रो०(डॉ.) काशीनाथ समगण्डी, बी.ए.एम.एस., एम.डी., पीएच.डी.

Prof. (Dr.) Kashinath Samagandi, B.A.M.S., M.D. Ph.D.

निदेशक/Director

Ref. No. MDNIY/C&D/IDY-2026

Dated: 10.03.2026

Respected Madam

Ministry of Ayush, Government of India has taken the lead in organizing Eleven editions of International Day of Yoga (IDY) which found great enthusiasm and worldwide support. The practice started with a resolution adopted by the United Nations in 2014, based on a suggestion made earlier by Shri Narendra Modi Ji, Hon'ble Prime Minister of India. All over the world, the acceptability of Yoga has been enhanced to the extent that the Yoga is being accepted as a 'Way of Life'.

2. Morarji Desai National Institute of Yoga (MDNIY), Ministry of Ayush, Government of India is organizing **Yoga Mahotsav-2026-A Curtain Raiser to International Day of Yoga-2026 on 13.03.2026 at Vigyan Bhavan, New Delhi.**

3. **Shri Amit Shah Hon'ble Home Minister**, Govt. of India is expected to grace the occasion. The celebration will also witness the auspicious presence of **Shri Prataprao Jadhav, Hon'ble Minister of State (Independent Charge)**, Ministry of Ayush, **Shri Rajesh Kotecha, Secretary Ministry of Ayush** and Senior officers of Ministry of Ayush and other Ministries.

4. The celebration will also witness the auspicious presence of eminent Yoga Gurus/ Masters and Experts of Yoga & Allied Science and Head of the Institutions. About 1200 participants are expected to participate in the Yoga Mahotsav-2026.

5. Your contribution for the development and promotion of Yoga is well acclaimed and appreciated. On behalf of Ministry of Ayush, MDNIY and on my own behalf, it is my privilege to invite you to grace the occasion and to deliver an invited Talk in Technical Session-1 on **Yoga for Geriatric Population.**

6. You will be provided economic class air fare and accommodation facility for your stay in Delhi.

7. Kindly accept our request and convey your consent and itinerary at the earliest.

With kind regards

Kashinath Samagandi
Prof. (Dr.) Kashinath Samagandi
Director

To,

Dr. Ulka Nathu
Consultant Gynaecologist
Naupada, Thane West, Thane,
Maharashtra 400602
Email: Ulka.natu@gmail.com

